

Tara Lila Trail Data - Section 9 Road Unit Snowshoe Distances and Times

Type	Primary Trail	Description	Trails Used	Distance (Miles)	Distance (KM)	Snowshoe Pace (1.2 MPH)	Snowshoe Pace (1.5 MPH)
Trail	A-My-Tab-Ha	Full Trail (One Way) from Section 9 Trailhead to 4 Women Boardwalk Trailhead:	A	0.62	1.00	0h 31m	0h 25m
Loop	A-My-Tab-Ha	Full Loop Using A-My-Tab-Ha and Medicine Trails:	A M	1.62	2.61	1h 21m	1h 5m
Loop	A-My-Tab-Ha	Full Loop Using A-My-Tab-Ha and Three Eagle Trails:	A T	1.18	1.90	0h 59m	0h 47m
Loop*	A-My-Tab-Ha	A-My-Tab-Ha Section 9 Trailhead to Frieda's Meadow-Sand Pit Cut Trail To Medicine Trail and Return to Section 9 Trailhead	A C M	0.64	1.03	0h 32m	0h 26m
Seg	A-My-Tab-Ha	A-My-Tab-Ha Section 9 Trailhead to Sampatha West Trailhead	A	0.05	0.08	0h 2m	0h 2m
Seg	A-My-Tab-Ha	A-My-Tab-Ha Section 9 Trailhead to 2nd/N A-My-Tab-Ha/Sampatha Junction	A	0.09	0.15	0h 5m	0h 4m
Seg	A-My-Tab-Ha	A-My-Tab-Ha Section 9 Trailhead to Amy's Joy	A	0.16	0.25	0h 8m	0h 6m
Seg	A-My-Tab-Ha	A-My-Tab-Ha Section 9 Trailhead to Frieda's Meadow / Cut Trail	A	0.28	0.45	0h 14m	0h 11m
Seg	A-My-Tab-Ha	A-My-Tab-Ha Section 9 Trailhead to East A-My-Tab-Ha/Sampatha Cut Trail	A	0.40	0.64	0h 20m	0h 16m
Trail	Medicine	Full Trail (One Way) from Section 9 Trailhead to 4 Women Boardwalk Trailhead:	M	1.00	1.61	0h 50m	0h 40m
Loop	Medicine	Full Loop Using Medicine and A-My-Tab-Ha Trails:	M A	1.62	2.61	1h 21m	1h 5m
Loop	Medicine	Full Loop Using Medicine and Three Eagle Trails:	M T	1.56	2.52	1h 18m	1h 2m
Seg	Medicine	Section 9 Trailhead to Sand Pit	M	0.21	0.34	0h 11m	0h 8m
Seg	Medicine	Section 9 Trailhead to Red Pine Circle Cut Trail	M	0.35	0.56	0h 18m	0h 14m
Seg	Medicine	Section 9 Trailhead to Joe's Ridge At Sampatha Junction	M	0.59	0.95	0h 30m	0h 24m
Seg	Medicine	Section 9 Trailhead to Siddh's and Imogene's Rocks	M	0.50	0.81	0h 25m	0h 20m
Trail	Sampatha	West Trailhead (At A-My-Tab-Ha Junction) to East TrailHead (Medicine Junction)	S	0.60	0.95	0h 30m	0h 24m
Loop	Sampatha	Amytabha Sec 9 Trailhead to Sampatha to Medicine Trail and Return to Sec. 9 Loop	A S M	1.23	1.98	1h 2m	0h 49m
Loop	Sampatha	A-my-tab-ha Sec 9 Trailhead to 2nd Sampatha/A-My-Tab-Ha Junction to Frieda's Meadow - Sand Pit Cut Trail to Medicine Trail and Return to Sec. 9 Loop	A S C M	0.61	0.98	0h 30m	0h 24m
Seg	Sampatha	West Trailhead (At A-My-Tab-Ha Junction) to Am-My-Tab-Ha (The West "C" Shape)	S	0.10	0.16	0h 5m	0h 4m
Seg	Sampatha	West Trailhead (At A-My-Tab-Ha Junction) to Frieda's Meadow Cut Trail	S	0.24	0.39	0h 12m	0h 10m
Seg	Sampatha	West Trailhead (At A-My-Tab-Ha Junction) to East A-My-Tab-Ha Cut Trail	S	0.27	0.44	0h 14m	0h 11m
Seg	Sampatha	West Trailhead (At A-My-Tab-Ha Junction) to Three Eagle Trail at Joe's Ridge	S	0.51	0.82	0h 26m	0h 20m
Trail	Cut Trail	Frieda's Meadow to Three Eagle Trail	C	0.10	0.15	0h 5m	0h 4m
Trail	Cut Trail	Three Eagle Trail to Medicine Trail via Sand Pit	C	0.02	0.03	0h 1m	0h 1m
Trail	Cut Trail	Three Eagle Trail to Medicine Trail from Red Pine Circle	C	0.15	0.25	0h 8m	0h 6m
Trail	Cut Trail	Sampatha to East A-My-Tab-Ha	C	0.14	0.22	0h 7m	0h 6m
Seg	4W Boardwalk	Four Women Boardwalk End to End	B	0.13	0.20	0h 6m	0h 5m
Round	Three Eagle Trail	Round Trip from Four Women Boardwalk Trailheads to the North Tara Lila Kiosk:	T B	0.25	0.40	0h 13m	0h 10m
Seg	Three Eagle Trail	A-My-Tab-Ha Section 9 Trailhead to Medicine Section 9 Trailhead		0.03	0.05	0h 2m	0h 1m
Seg	Three Eagle Trail	Section 9 Road to Shelter / A=My-Tab-Ha Trailhead	T	0.07	0.11	0h 4m	0h 3m
Seg	Three Eagle Trail	Section 9 Road to Shelter / Medicine Trailhead	T	0.11	0.18	0h 6m	0h 4m
Seg	Three Eagle Trail	Shelter / A=My-Tab-Ha Trailhead to Sand Pit / Frieda's Meadow Cut Trail	T	0.17	0.27	0h 9m	0h 7m
Seg	Three Eagle Trail	Shelter / A=My-Tab-Ha Trailhead to Red Pine Circle Cut Trail	T	0.31	0.50	0h 16m	0h 12m
Seg	Three Eagle Trail	Shelter / A=My-Tab-Ha Trailhead to Sampatha/Joe's Ridge	T	0.40	0.64	0h 20m	0h 16m
Seg	Three Eagle Trail	Shelter / A=My-Tab-Ha Trailhead to 4 Women Boardwalk South End	T	0.59	0.95	0h 29m	0h 24m
Seg	Three Eagle Trail	Shelter / A=My-Tab-Ha Trailhead to 4 Women Boardwalk North End	T	0.71	1.15	0h 36m	0h 29m
Seg	Three Eagle Trail	Section 9 Road to North Bike Gate	T	0.75	1.20	0h 37m	0h 30m

*Snowshoe Celebration 5 Luminary Route for Candlelight Snowshoe